

# SACO MIDDLE SCHOOL

## ACTIVITIES AGREEMENT

among

### PARTICIPANTS, PARENTS/GUARDIANS, COACHES and ADVISORS

**Eligibility in SMS extracurricular / co-curricular programs is governed by the following:**

- 1. Academic Eligibility:** A student must pass all of his/her **core** subjects (English, Reading, Math, Science and Social Studies), *and* must not fail more than one of his/her Unified Arts courses during the grading period. If a student fails one or more core subject(s), or more than one UA courses, in any given grading period (*including the 3rd trimester of the school year*), s/he may not participate during the following grading period. A student may be temporarily suspended from team play if any core subject grade falls to failing, pending the raising of that grade to passing.
- 2. Use of Alcohol or Drugs:** Smoking, drinking of alcoholic beverages or the use of drugs, including tobacco, any of which takes place on or off school grounds, by a student will mean indefinite suspension from SMS activities.
- 3. Suspended from School:** Any student participating in an extracurricular, co-curricular, intramural or interscholastic activity who is assigned an **In-School Suspension (ISS)** or **Out-of-School Suspension (OSS)** for disciplinary reasons will not be allowed to participate in any activity on the day(s) of the suspension. Athletes will also be subject to coach's discipline as it pertains to the missing of practice or game.
- 4. Insurance Coverage:** The RSU #23 Board of Education (RSU23 BOE) and Saco MS **do not** provide insurance coverage for athletes. Parents/guardians must provide proof of insurance coverage (see form on back page) or must purchase insurance coverage from the insurance plans available at school.
- 5. Record of Physical Exam:** Before a student may try out, practice or participate in athletics, s/he must have a record in the SMS nurse's office of a recent (*within two years*) physical exam, and a signed permission slip. On the two-year anniversary of the physical, it becomes invalid and the athlete is no longer eligible to try out, practice or play.
- 6. Absence from School:** An athlete who is absent from school on the day of a game or practice will not be allowed to participate in that day's game or practice. S/he must be present for the entire school day, unless specific permission to participate is granted by the principal's office. Athletes are also expected to be in school on time everyday, unless a parent's/guardian's written excuse is approved by the principal's office. ***Excessive tardiness to school may result in game suspension or removal from team.***
- 7. Participation on "Outside" Team:** A team member may not compete on an "outside" team (defined as "a team not under the jurisdiction of RSU23 BOE") without the permission of the coach when s/he is involved in a SMS-sponsored activity during the same season. Even with this permission, all games/practices for the SMS activity will take priority over the outside activity. Any violation of this policy could result in removal from the SMS activity. Ski Club is considered an "outside" activity as it is not under the jurisdiction of the RSU23 BOE; as such, team rules for missed practices will apply.

8. **Transportation to/from Games:** All team members *must use transportation provided by SMS* to/from away contests. A **written** note from the parent/guardian must be presented to the coach prior to departure if there is an urgent family matter which precludes this policy.
9. **SMS Uniforms:** SMS issued uniforms are required to be worn at all league contests, and should **only** be worn for said contests. It is the athlete's responsibility to care for the uniform and return all items in good condition at the end of the season. Replacement costs of lost or damaged uniforms will be billed to the Parent/Guardian. A student will not be issued any other equipment until all outstanding items are returned or paid for.
10. **One SMS Sport Only:** A student may not participate in two school-sponsored sports during the same season.
11. **Attendance at Games/Practices:** Attendance at all games and practices is mandatory unless excused by the coach, a doctor, the school nurse or the athlete's parent/guardian *prior to* the game/practice.
12. **Closed Tryouts/Practices:** All SMS tryouts and practices are closed to the public.
13. **Team Rules:** In addition to the rules herein, athletes will be expected to abide by team rules established by the coach, with the understanding that circumstances may later arise which may require additional reasonable regulations set by the coach and/or administrators.
14. **Participation After Injury:** After receiving professional care for an athletic injury, the athlete must have *written* permission from the administering doctor in order to return to athletic participation.
15. **Student Recourse:** If a student feels that s/he has been unjustly treated, s/he and his/her parent/guardian may follow a **recourse procedure**:
- a) meet with the coach of the team;
  - b) if not satisfied, meet with the Athletics Director and coach;
  - c) if not satisfied, meet with the principal and AD;
  - d) if not satisfied, meet with the superintendent.
16. **Travel Appearance:** All athletes are expected to be *neatly* dressed when traveling to away contests, as s/he is representing the school, the community and his/her family.
17. **Team Managers:** Team managers shall be considered team members and shall meet the same requirements as players. [Exception: Managers are not required to have a physical exam.]
18. **Bus Behavior:** Behavior on the bus is important. Normal classroom conduct is the expectation, with shared supervisory responsibilities among the driver and the coaches. At the beginning of each sport season, athletes will receive a school district-published pamphlet entitled, "Getting to School Safely." Sports teams are expected to follow the rules therein as they pertain to riding to and from games.
19. **SMS Office Phone:** The unattended school office and its phone will be **off-limits** to athletes following games/practices. Arrangements for transportation should be made beforehand.
20. **Reporting to Practice:** No athlete shall leave class prior to dismissal of walkers. Walking to Hillview is NOT allowed even with parental permission. Athletes with a start time of 3:00 or later, are expected to **leave** the property and return 15 minutes before the designated start time, unless the coach has made arrangements with the player. Unsupervised student/athletes will not be

allowed on the property. If a student is unsupervised at anytime on campus, parents will be called and the student will not be able to practice that day. Team rules for missed practices WILL apply.

**21. Classroom Lockers Off-Limits:** Student/athletes will not be allowed to go to their classroom lockers after games or practices. Arrangements should be made for this situation beforehand.

**22. Laptops:** Laptops must remain in a secure area during practices and games. The locker room and gym floor are NOT options. It is advised that students do not sign out laptops when they have an away game. Laptops left on the bus are not secure.

Any questions or concerns about this agreement should be directed towards the Athletic Director. This agreement will be valid throughout the 2010-2011 academic. If an athlete participates in multiple sports for SMS, only one form is necessary for participation. It is the parent/guardian responsibility to contact SMS if any information is changed throughout the academic year.

# PLEASE RETURN THIS PORTION TO YOUR COACH

I hereby give my consent for my child...

- a) to represent Saco Middle School in athletic activities, provided that such activities are approved by the RSU #23 Board of Education; and
- b) to accompany any school team of which s/he is a member on any of its local or out-of-town trips.

In addition, I authorize the school to obtain, through a physician of its own choice, any emergency medical care that may become reasonably necessary for the student in the course of school athletic activities or travel. I also agree not to hold the school or anyone acting in its behalf responsible for any injury occurring to the below named student in the course of such athletic activities or such travel.

Signatures below also indicate a commitment by both the student and the parent/guardian, to uphold the policies and expectations contained within the **Saco Middle School Activities Agreement**, as well as any other standards set forth by administration and coaches/advisors.

\_\_\_\_\_  
Parent's/Guardian Name(s) - Please Print      Student Name - Please Print

\_\_\_\_\_  
Parent / Guardian Signature\*      Student Signature\*

\*By signing above, I show that I understand and am willing to uphold all policies and expectations outlined in this contract, as well as any and all team specific guidelines as defined by my coach.

\_\_\_\_\_  
Home Telephone #      Name of Insurance Co.

\_\_\_\_\_  
Work Telephone #      Insurance Identification # / Policy #

\_\_\_\_\_  
Parent / Guardian Email Address

\_\_\_\_\_  
Family Physician      Preferred Hospital

\_\_\_\_\_  
Emergency Contact Person      Emergency Contact Telephone #(s)